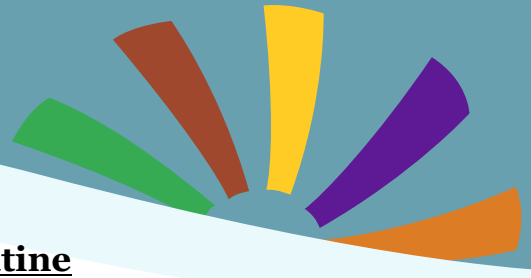


Together We Grow



Preschool - Daily Routine

This is an overview of how a full day at TWG may flow. Much flexibility is exercised by staff as the day is shared with our infants & toddlers!

8:00 - 8:40 am

Breakfast

9:00 am

Circle Time

~Songs & Story time

~Basic Skills (*per TWG Curriculum Overview*)

~Learning Activity (*i.e. ABCmouse.com, worksheets, etc.*)

⇒ **Planned Activity**

~ Playdough/sand, drawing/art, learning games, etc.

10:15 am

Snack Time

⇒ **Physical Movement** (*Outside if possible*)

⇒ **Free Time**

11:30 am

Lunch Time

⇒ **Relaxation/Prep for Nap**

~Yoga, Stretch, Gymnastics, Dance, etc.

~ Read books, listen to lullabies/soothing music

12:30 pm

Nap/Quiet time

* Quiet play or outside time for those who do not nap*

2:45 - 3:00 pm

Snack Time

⇒ **Physical Movement** (*Outside if possible*), or

⇒ **Creative Projects** - *Development of personal interests - Make Stuff!!*